

Memory Wall

Memory Wall is a team-building activity for fostering relationships and improving the camaraderie. The idea behind the game is to get your entire group to share positive memories about the workplace.

Materials:

- Paper
- Pens
- Tape

How to play:

Give each team member a few sheets of paper and pens.

- Ask team members to think about and write down positive memories of shared experiences in the workplace.
- After 15 minutes, ask team members to write/draw their favorite memory from the list on a fresh sheet of paper.
- Ask team members to tape their drawings to the wall to create a memory wall.
- Ask for volunteers to expand on the memory in their drawing.

Top Tip: Create a list of topics that team members can use if they're struggling. For example

- Their first day at work
- A moment that involved problem-solving
- Challenges they've faced
- Moments with friends at the office
- Accomplishments they've achieved as a team
- A project that involved creativity and fun.